

# Airpark Animal Hospital



*Red Collar Society*

## Wellness Checklist for Senior Dogs

Date: \_\_\_\_\_

Dog's Name: \_\_\_\_\_

What type of food and treats is your pet currently eating? \_\_\_\_\_

List any medications, flea and/or heartworm preventative, or supplements your pet is currently taking. Are they taken year-round? \_\_\_\_\_

Please list any specific concerns you would like to address today: \_\_\_\_\_

Do you think your pet is? *Circle one:*      Ideal Weight      Underweight      Overweight

Where does your pet spend its time? *Circle one:*    Indoors only      Indoors and outdoors      Outdoors only

How often do you board, show or take your pet to the groomer?

*Circle one:*    Never      Once a year      One to three times a year      Four times a year or more

How often do you and your dog walk in the neighborhood, at a dog park, go to a pet retail store, or go hiking?

*Circle one:*    Never      Once a week or less      Several times a week      Daily

Does your pet have the opportunity to come into contact with wildlife? *Circle one:*    Yes      No

Is there any problem with pet interaction? *Circle one:*      Yes      No

How many total pets are in your home? *Circle one:*    One      Two      Three or more

### Does your dog: (please check all that apply)

- Have difficulty going up or down stairs, getting onto furniture or into the car?
- Struggle to get up?
- Show signs of pain, stiffness, or limping?
- Seem less interested in toys or playing?
- Have any accidents in the house?
- Have increased thirst or hunger?
- Have bad breath?
- Have increased urination?
- Vomit? If so, how often? \_\_\_\_\_
- Experience weight loss or gain?
- Cough?
- Display increased panting?
- Seem restless?
- Tire more rapidly?
- Display confusion or disorientation?
- Have a change in sleeping patterns?
- Have a change in behavior?
- Have hair coat changes, lumps or bumps?

Circle your dog's age in "Human Years"				
Relative Age of Your Pet in "Human Years"				
Pet's Age	0-20 lbs	21-50 lbs	51-90 lbs	over 90 lbs
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	51	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	
18	88	96	109	
19	92	101	115	
20	96	105	120	